

Nurse's Office

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Dear Parents,

As we begin a new school year, please review the following information on the school health program.

Emergency Information It is very important that you return emergency information that will be given out in September. We need to be able to find parents or other responsible adults that you designate in case of illness, injury or other emergency.

Health Screenings There are several health screenings that are done over the year. These include vision, growth and hearing. If you do **not** want these screenings done, please send in a note in writing at the beginning of the year. Please have them completed by your own healthcare provider and send in the results to me so that I can keep your child's medical record current.

Medication The administration of medication in school is strictly regulated. Any medication, **including over the counter** medication such as Tylenol, must have a healthcare provider's written order and written parent permission. It must be sent in the original container (often, a pharmacy will give you two bottles, one for home and one for school). The medication form is available in my office and also on our web page. Our school doctor has written an order for throat lozenges so that I can give out one for cough or sore throat. If you do **not** want your child to receive this, please send in a note. Children are not permitted to keep cough drops or any other medication in the classroom.

Physical Examinations Reports of physical examinations and health histories are required for children entering the school for the first time, and for fourth and seventh grade students. Physical examinations are no longer done at school; if you do not have a healthcare provider, we can arrange for you to take your child to Dr. Frank Meeteer's office (our school physician) in Moorestown for the examination. Forms for fourth grade students are found on my Central School eBoard; forms for seventh grade students are found on my Middle School eBoard.

Guidelines for School Attendance It can often be difficult to decide whether to keep your child home if he or she is complaining of not feeling well. Here are some general guidelines for keeping your child home:

- ❖ Fever above 100 degrees Fahrenheit (must be fever-free for 24 hours before returning)

- ❖ Vomiting or diarrhea (may return 24 hours after the last episode)
- ❖ Eye(s) stuck closed with dried crusts or appears red and/or has drainage (must have doctor's note stating that the child is not contagious to return)
- ❖ Excessive nasal drainage or persistent cough
- ❖ Unusual rash, especially an extensive rash or one with blisters (check with your doctor for cause and when able to return)
- ❖ Listlessness and lethargy without cause (i.e., child has had a full night's sleep)
- ❖ Less than 24 hours on an antibiotic for treatment of strep throat or other contagious illness
- ❖ Any sign of lice infestation, i.e., nits or live bugs. Please let me know about it so that I can check the others in the classroom, otherwise it can get out of control very quickly.

Health services help to support your child's educational experience. If you have any questions please feel free to contact me. Please visit my eBoard for more information, including important health forms, notices, information on health events, news articles and more.

Margaret Petrillo, RN, CSN
[Visit my eBoard](#)

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